

# STOP: Students Together Offer Prevention Volunteer Program



Sexual Harassment Office  
[www.mun.ca/sexualharassment](http://www.mun.ca/sexualharassment)

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STOP: Students Together Offer Prevention is a volunteer opportunity offered by the Sexual Harassment Office (SHO) at Memorial University. Its purpose is to support student-led initiatives that promote a culture on campus that is free from sexual violence through awareness and education.

The STOP Volunteer Program aims to extend from the basics of asking for consent and expand our university community's understanding of the nuances of consent culture and sexual violence prevention at the post-secondary level.

The STOP program is looking for volunteers who are:

- interested in self-care and wellness
- energized by critically thinking about consent culture and sexual violence prevention at the post-secondary level
- eager to learn and grow new understandings of consent and sexual violence
- understand the importance of unlearning and addressing/ reflecting on unconscious and conscious biases on topics of sexual violence, gender-based violence and respectful relationships
- inclusive of all individuals' intersecting identities
- understand the importance of upholding the protected grounds identified in the Newfoundland and Labrador Human Rights Act, SNL 2010, CH-13.1
- amplify the voices of those with living and lived experiences, recognizing them as experts in their own experiences and needs
- open to learning about and utilizing a trauma-informed approach to their volunteer work
- compassionate, patient and understanding
- understand that sexual violence can be a divisive topic with many misunderstandings, misconceptions, and myths that impact how people make meaning of actions, words and behaviors connected to the issue
- open to gaining the skills needed to be comfortable and confident facilitating conversations about sexual violence, gender-based violence and respectful relationships
- able to work individually and as a part of a team, including collaboration with other university departments
- recognize the importance of following through with volunteer commitments and activities

The benefits of being a STOP volunteer include:

- attain Bronze and Silver level recognition in the Student Bureau's Volunteer (SVB) Incentive Program at the end of the academic year, with the potential to ascend to Gold and Platinum levels if volunteer hours exceed the 40 hour minimum
- gain tools and techniques for coping, self-care and wellness
- learn key approaches and concepts rooted in care such as: trauma-informed approaches, person-centered approaches and harm reduction principles
- receive training on active bystander intervention, responding to disclosures of sexual violence, consent and respectful relationships

- opportunities for meaningful engagement in the university community
- skills development in presenting and public speaking
- skills development in the creation of event promotion materials
- opportunities to network and work collaboratively with other university departments
- opportunity to participate in a student-led community engaged in sexual violence prevention
- skills development in teamwork, leadership and interpersonal communication
- skills development in event planning and facilitation
- opportunity to gain a reference for future employment, educational or volunteer applications

STOP volunteers must:

- be enrolled as a student at Memorial University (part-time or full-time)
- understand that you will be required to sign and adhere to a confidentiality agreement (this must be signed and submitted before being able to participate in volunteer activities)
- understand that you must attend all training sessions (in person and virtually) before being able to participate in volunteer activities
- commit to the program for at least one academic year
- provide a minimum of 40 hours of volunteer service throughout the academic year
- attend at least one of the scheduled bi-weekly meetings each month, excluding exam seasons, throughout the academic year
- participate in events as well as planning, creating events promotions and having an on-campus presence at events
- represent the SHO with professionalism when on campus presenting, tabling and at events
- be non-judgmental of all university members and their intersecting identities

How to apply:

The volunteer application for STOP is available through the Sexual Harassment Office's website under the Prevention tab:

<https://www.mun.ca/sexualharassment/prevention/stop-volunteer-program/>

Please direct applications or questions to our Administrative Coordinator at [syvention@mun.ca](mailto:syvention@mun.ca)